

FIG EVENT ID: 16566

# WORKPLAN



**FIG ACRO**  
**WORLD CUP**

23<sup>rd</sup> - 25<sup>th</sup> April-Sofia,Bulgaria



Министерство на  
младешта и спорта



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## **IMPORTANT INFORMATION REGARDING THE COVID-19 PANDEMIC**

**Anyone not complying with the conditions of participation described in these outlines will not be eligible to take part in the event**

The fundamental principle during the SOFIA FIG ACRO World Cup' 21 during the Covid-19 pandemic is to Protect and Be Protected by wearing a mask, sanitizing, distancing, and respecting the recommendations of "FIG Official Medical Guidelines" as well as the requirements of the Bulgarian Health Ministry.

It is the responsibility of the National Federations (NF) to verify the up-to-date travel information before departure to Bulgaria on: <https://www.mfa.bg/en/>

It is the responsibility of the NF to ensure that in addition to their normal insurance they have sufficient insurance in place to cover any COVID-19-related costs for all their delegations' members. The LOC of the event accepts no liability for any claims relating to the cancellation of the event due to COVID-19 or medical costs for any COVID-19 related illness that may affect a NF delegation member during the event.

- FIG's IMSSA insurance covers Covid19 as illness (including all treatments, possible repatriation, etc.) for gymnasts and judges. However, an eventually needed quarantine period (or need to stay on-site as accompanying person) of a "not ill" person is NOT covered. The national federation must take care of the appropriate coverage and financial planning themselves.

- For all other members of the delegations, the NF are requested to present insurance, and stating that it covers the consequences of Covid19; as for the Covid-19 related quarantine costs, if it is not included in the insurance coverage, the NF assumes the financial risk themselves.

The insurance confirmation is to be sent by email to the LOC [acro.cup.sofia@gmail.com](mailto:acro.cup.sofia@gmail.com) by the 14th of April.

The use of disposable FFP2 masks in and outside the venue (obligatory on the entire ASICS ARENA, in and outside) is mandatory for all accredited persons. It is the responsibility of the delegations to bring a sufficient number of FFP2 masks. (FFP2 masks can be worn 3 days and must be disposed of afterward)

It is highly recommended to stay only within the controlled event zones (venue, hotel, official transport) at all times. The use of public transport is not allowed.

Due to restrictions caused by the Covid-19 pandemic the event will take place without spectators and all side events such as the welcome receptions, city tours, banquet have been canceled.

A negative PCR test result (done max. 72h before arrival), readable in English, must be provided for all participants at accreditation at the latest. To speed up the accreditation process, please send all test results by email prior to your arrival to [acro.cup.sofia@gmail.com](mailto:acro.cup.sofia@gmail.com)

Present upon arrival at the accreditation desk an individual declaration of honor on the absence of symptoms for at least 14 days per delegate. Appendix 1

In case your team members need PCR tests made in Bulgaria to enter your country, a request needs to be made during the accreditation. The cost of 1 PCR test is 42 EUR, to be borne by each NF concerned.

The HoD of each delegation is daily monitoring the condition of each member of the delegation and the possible appearance of flu-like symptoms – colds, runny nose, sneezing, sore throat, mild cough and fever. The sick members are immediately isolated in a separate room.

In accordance with the orders of the Bulgarian Ministry of Health the following measures are mandatory when conducting competitions:

- Persons with symptoms like colds, runny nose, sneezing, sore throat, mild cough, and fever are not allowed in the venue.
- It is mandatory for employees, staff, coaches, judges, and officials to wear a protective mask or other means covering the nose and mouth, while in the venue.
- It is only allowed for the performing athletes to be without a mask, but only while training and performing.
- Persons without negative PCR result are not allowed in the venue and in the competition in general.
- The participants should try and keep 1,5 m (or as much as possible) at all times.
- The participants should disinfect their hands and shoe soles upon entering the venue.

The LOC bears responsibility for the following organizational matters in the venue:

- Placing these instructions on visible places in all premises.
- Measuring the temperature of everyone upon entering the venue. People with high temperature (above 37 C) will not be allowed inside the venue.
- Making sure that everyone disinfects their hands with medically approved disinfectant, upon entering the venue.
- Maximum 6 people are allowed at the same time in the dressing rooms.
- It is not allowed to exchange personal items – bottles, towels, etc.
- Mandatory disinfection of all touchable surfaces in the whole venue – before the beginning of each day and between each group – at around 2 hours.
- The staff and employees wear masks and gloves.
- The staff and employees are instructed to watch out for symptoms by athletes, coaches, and officials and how to react if such symptoms occur.
- Avoiding gathering of many people around and at the venue entrances.

The venue staff and employees keep the following measures:

- Keeping safe distance at all times;
- Sneezing or coughing is done in the elbow, not in the palm. If a tissue is used, it is immediately thrown away.
- wash their hands as much as possible with soap and water.
- Disinfect regularly the contact surfaces and the user apparatus and equipment.
- The toilets, dressing rooms, trash bins, common parts, apparatus, premises, and all equipment is disinfected as regularly as possible, but at least once per 2 hours.

The athletes, coaches, judges, and officials keep the following measures:

- Respect the hygiene measures and conditions in the venue.
- Persons with flu-like symptoms are not allowed in the venue.
- Follow these instructions, the FIG Medical Guidelines, and all other instructions by Medical personnel and LOC.
- Disinfect their hands and shoe soles upon entering the venue.
- Provide their own protective masks.
- Provide their own magnesium for each gymnast.
- The athletes enter the floor areas only in gym shoes, no sneakers or other shoes.
- It is not allowed for coaches and other support personnel to step on the floors or pathways with shoes or sneakers (in case it is needed they must wear medical overshoes)



**FIG ACROBATIC GYMNASTICS WORLD CUP**  
**23 – 25 April 2021**  
**Sofia (BUL)**



In case of a suspected COVID-19 case, the person is isolated and then sent for additional examinations and diagnosis in the medical center, proposed by the health authorities. The LOC is not responsible for the costs, resulting from the examinations.

In case of confirmed COVID-19, laboratory examinations of all contact persons should be made, in accordance with the health authorities. The LOC is not responsible for the costs, resulting from the examinations. In such cases, the Bulgarian health authorities are contacted and if they decide that the whole team should be quarantined, then the respective team immediately ceases its participation in the competition and follows the recommendations of the Bulgarian health authorities.

Requirements for award ceremonies:

- 1st to 3rd place for Finals;
- The athletes are keeping 1.5 m between each other
- The athletes do not shake hands, nor touch anyone involved in the award ceremony
- The athletes take their medals and prizes themselves.
- The persons who award are wearing masks and gloves.

In addition to this, please note that no separate transportation will be arranged. In case your country wants transport only for their team, they should contact the LOC to check this possibility and the respective additional payment.

For those of you, who have received invitations from the Bulgarian Ministry of Youth and Sports, please also remember to bring a copy of the invitation for the Border control.

Lastly, the LOC would like to inform you that Bulgaria will most likely be under lockdown during the competition. This will not affect the conduct of the competitions.

## **1. GENERAL INFORMATION**

This competition will be organized under the following FIG Rules, as valid in the year of the competition, except for any deviation mentioned in these World Cup Rules for Acrobatics Gymnastics:

- Statutes
- Code of Ethics
- Technical Regulations
- License Rules
- Code of Points and relevant Newsletters
- General Judges' Rules
- Specific Judges' Rules for Acrobatic Gymnastics
- Medical Organization of the Official FIG Competitions
- Doping Control Rules
- Media Rules
- Apparatus Norms
- Advertising and Publicity Rules
- Accreditation Rules
- Regulations for Awards Ceremonies
- and subsequent decisions of the FIG Executive Committee

## **2. COMPETITION VENUE**

ASICS ARENA

**Located in:** Park "Geo Milev"

**Address:** ul. "Manastirska" 35, 1111 g.k. Geo Milev,  
Sofia, BULGARIA



### 3. ORGANIZATION

#### International Federation

**FÉDÉRATION INTERNATIONALE DE GYMNASTIQUE**

Avenue de la Gare, 12A 1001 Lausanne

SWITZERLAND

Phone : +41 (0) 21 321 55 10

Fax : +41 (0) 21 321 55 19

E-Mail: [rvinagre@fig-gymnastics.com](mailto:rvinagre@fig-gymnastics.com)

URL: [www.gymnastics.sport](http://www.gymnastics.sport)



FIG Technical Delegate for the event is Mr. Yuriy GOLIAK – FIG ACRO TC Member

#### Local Organizing Committee

**BULGARIAN FEDERATION OF SPORT ACROBATICS**

75 Vasil Levski blvd.

1000 Sofia, BULGARIA

Phone/Fax : +359 2 9876245

E-Mail: [bulacro@gmail.com](mailto:bulacro@gmail.com)



### 4. RESPONSIBLE PERSONS

Position	Name
LOC President	Vladimir KOLEV
Event Manager	Nedko KOSTADINOV
Head of Finance	Emiliya PENKOVA
Competition Manager	Nikolina HRISTOVA
Communications, Accreditations & Info Desk	Lili BORISOVA
Marketing, Branding & Merchandizing Manager	Grigor DUDULOV
Media officer	Krastina IVANOVA
Floor Manager (Competition and Warm-Up) & Ceremonies	Marian GABROVSKY
Venue Management	Desislava PANEVA
Accommodation & Transportation	Iliya ZAPRYANOV Zapryanov Travel Ltd.
On-site Medical	Sandra VELCHEVA HUNT
Medical Service	D-r BOBEVA



## 5. Provisional programme (subject to modifications)

### Wednesday, 21 April

As announced	Official arrival day & Accreditation	ASICS Arena
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### Thursday, 22 April

10:00 – 11:00	Orientation Meeting for the World Cup & Sofia Int. ACRO Cup	ASICS Arena
14:00 – 20:13	Training and Podium training according to the schedule	ASICS Arena
17:00 – 18:00	Judges' Instruction meeting	Judges' Meeting Room
18:00 – 18:30	Scoring system Instruction for Judges	FOP

### Friday, 23 April

15:00	Start Warm-up	ASICS Arena
15:00 – 16:00	<b>Judges Meeting</b>	Judges' Meeting Room
16:00 – 16:30	<b>Opening Ceremony</b>	FOP
16:30 – 17:38	<b>Qualifications</b> Men's Pair-Balance Women's Group-Dynamic	
17:50 – 18:46	<b>Qualifications</b> Mixed Pair -Dynamic	FOP
18:55 – 19:30	<b>Qualifications</b> Women's Pair -Balance Men's Group-Dynamic	

### Saturday, 24 April

15:00	Start Warm-up	ASICS Arena
15:30 – 16:30	<b>Judges Meeting</b>	Judges' Meeting Room
16:30 – 17:38	<b>Qualifications</b> Men's Pair-Dynamic Women's Group-Balance	
17:50 – 18:46	<b>Qualifications</b> Mixed Pair -Balance	FOP
18:55 – 19:30	<b>Qualifications</b> Women's Pair -Dynamic Men's Group-Balance	

### Sunday, 25 April

15:00	Start Warm-up	ASICS Arena
15:30 – 16:30	<b>Judges Meeting</b>	Judges' Meeting Room
16:30 – 17:26	<b>Finals</b> Men's Pair Women's Group	
17:35 – 18:07	<b>Finals</b> Mixed Pair	FOP
18:15 – 19:00	<b>Finals</b> Women's Pair Men's Group	
19:05 – 19:30	<b>Award Ceremony</b>	

### Monday, 26 April

All day	Departure of all Delegations	From the Hotels
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## **6. HOTELS**

<b>Hotel MARINELA ****</b> 100 James Boucher Blvd, Lozenets, 1407 Sofia <a href="https://www.hotel-marinela.com/">https://www.hotel-marinela.com/</a>	<b>Hotel TRIADA ****</b> 5, Venera St., corner with Manastirska str., 1111 Sofia <a href="https://hoteltriada.com/">https://hoteltriada.com/</a>	<b>Hotel ATM Centre***</b> bulevard Tsarigradsko Shose 131 Sofia 1784 <a href="https://www.atm-hotel.com/">https://www.atm-hotel.com/</a>
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## **7. MEALS**

Breakfast and dinner are included in accommodation packages booked through the LOC.  
Tickets for lunch (15,-€/person/lunch) can be purchased through the LOC.

Breakfast will be served at the hotel between 07:00 – 09:00

Lunch will be served daily at the competition venue between 11:30 – 14:30

Dinner will be served at the hotel between 19:00 – 22:00

## **8. TRANSPORTATION**

Transfers by bus to and from the **Sofia Airport** to the official hotels, as well as from the official hotel to the venue will be provided to the delegations that booked their accommodation through the Organizing Committee. The transport schedule will be given upon arrival.

Nevertheless, shuttle buses will leave the Competition Venue and the Hotels according to the schedule they will follow strictly. **Please be on time!**

**Local transport Manager: Mr. Iliya Zapryanov +359 887 08 11 18**

## **9. ACCREDITATION**

The accreditation of the delegations will take place at the venue of the event – ASICS Arena.

For the accreditation process, only the Head of Delegation (or his representative) is requested to present him/herself at the accreditation center.

The accreditation must always be borne visible in the venue. In case of losing the accreditation card, a new one will be issued for a fee of EUR 50.-

The following items will be checked there with the Heads of Delegation:

- The passport of all members of the delegations;
- The licenses of the gymnasts;
- a CD with the national anthem
- the national flag
- Certification of insurance for all delegation members covering illness, accidents and
- Repatriation (according FIG rules)
- A negative PCR test result (done max. 72h before arrival),
- Prove of the fulfillment of all financial obligations to the LOC;
- Submission of Tariff Sheets
- Music CD's
- Music form, in case it was not previously sent
- present filled out COVID-19 declarations **Appendix 1**
- Declarations for personal data **Appendix 2**
- phone number of the HOD (or his representative)



- number of people for PCR test
- confirmation for departure time

In order to accelerate the process of the accreditation, each participating Federation is kindly requested to send by April 16th a List with people for PCR Test

When all the commitments are fulfilled, all delegation members will receive their accreditations. The accreditation is personal, non-transferable and compulsory to control access to training and competition hall, functions and official transport. All participants and officials are required to wear the accreditations at all times.

Federations will receive accreditation based on nominative entry upon arrival at the Competition Venue.

#### **10. DELEGATION BOXES**

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Out of a desire to save unnecessary paper use, All Information regarding competition, warm-up, training, and notification of meetings, transport, official functions as well as FIG and LOC correspondences will be distributed via Email addresses of the HoD collected at Accreditation. Free internet is available at the competition hall so the HoD will have access to the information. If needed, a printed copy of the information will be available at the LOC office upon request.

#### **11. INSURANCE**

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The host Federation, the Organizing Committee and the FIG will not be held responsible for any liabilities in case of accidents, illness or repatriation.

The FIG Technical Regulations (Section 1, Article 12.10) foresees that all participating Federations are obliged to cover the expenses for all members of their Delegation for the necessary insurance coverage against accidents and illness.

The Organizing Committee will verify the insurance of all federations at accreditation. Federations who cannot provide proof will have to purchase the insurance offered by the OC at their own cost. The Organizing Committee will subsequently offer insurance at the Federations own charge as follows: 50 Euro per person/day (except judges and gymnasts).

#### **12. TARIFF SHEETS**

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Tariff Sheets must be sent by email to [acro.cup.sofia@gmail.com](mailto:acro.cup.sofia@gmail.com) or by hand on the Competition Office, during the Accreditation on Wednesday April 21<sup>st</sup>.

- The absolute deadline for the submission of the Tariff Sheets is Thursday, April 22<sup>nd</sup> 09:00

All Tariff Sheets may use AcroCompanion software (the delegations will be contacted in order to use the software).

#### **13. MUSIC**

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All the Music must be sent by email in MP3 format (with very good quality) until April 16<sup>th</sup>. The OC kindly asks you to send these files to the email: [acro.cup.sofia@gmail.com](mailto:acro.cup.sofia@gmail.com) They can be sent via [www.wetransfer.com](http://www.wetransfer.com).

**Identify the MUSIC TRACKS as follows:**

Federation (Country abbreviation)

Category (MP – WP – MXP – MG – WG)

Type of Exercise (Balance-Dynamic-Combined)

Name of competitors

**Example: BUL\_MP2\_BAL\_Ivanov\_Draganov.mp3**

**14. EQUIPEMENT**

Training Floor A: Gymnova

Training Floor B: Spieth (blue spring floor)

Competition Floor: Spieth (blue spring floor)

**15. INQUIRY**

The Inquiry procedure has to be according to the FIG rules (reg. 8.4 / Inquiries of the Score / FIG TR 2016, p. 46). A table will be set up next to the Kiss and Cry area for submission of inquiries.

**16. TRAINING BY SCHEDULE AND MEASUREMENTS – April 22<sup>nd</sup> 2021**

The delegations are obliged to respect the training schedules. You can find it **as Appendix 3** as well. Due to Covid-19 restrictions, athletes are requested to arrive as per the schedule and leave immediately at the end of their training slot to allow for cleaning of the apparatus and to avoid too many people in the hall at any one time.

Group	Federation - Pairs/ Groups	Total	Warm Up Aria 20'00"		Floor A 20'00"		Floor B 40' 00"		Transfer 5'00"		Floor C 7'00"/unit	
			in	out	in	out	in	out	in	out	in	out
1	UKR - 6	6	14:15	14:35	14:35	14:55	14:55	15:35	15:35	15:40	15:40	16:22
2	GER - 4/ BUL - 2	6	14:57	15:17	15:17	15:37	15:37	16:17	16:17	16:22	16:22	17:04
3	BLR - 5	5	15:39	15:59	15:59	16:19	16:19	16:59	16:59	17:04	17:04	17:39
4	IZR - 2 AZE - 2/ FRA - 1	5	16:14	16:34	16:34	17:01	17:01	17:34	17:34	17:39	17:39	18:14
5	BEL - 4/ ESP- 1	5	16:49	17:09	17:09	17:34	17:34	18:09	18:09	18:14	18:14	18:49
6	KAZ -4/ ITA - 1	5	17:24	17:44	17:44	18:09	18:09	18:44	18:44	18:49	18:49	19:24
7	RUS - 7	7	17:59	18:19	18:19	18:44	18:44	19:19	19:19	19:24	19:24	20:13

**Gymnast measurement will be made immediately after the podium training on April 22<sup>nd</sup>.**

**17. ORIENTATION MEETING**

The Orientation meeting will be held on Thursday, April 22<sup>nd</sup> at 10.00 am in the ASICS Arena. The delegation of each federation may be represented by 1 persons max.

**18. JUDGES MEETING**

The Judges Meeting will take place on Thursday, April 22<sup>nd</sup> at 17:00 in the Judges' Meeting Room in Asics Arena.

All participating federations must provide at least one judge with a valid FIG Brevet. Failure to do so will result in a fine of Swiss Francs 2 000,00.

#### **19. THE DRAW FOR JUDGES**

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The drawing of lots of the Judges' Panels for the Qualification and Finals will be conducted by the FIG Technical Delegate during the judge's meetings.

#### **20. MEDICAL SERVICES**

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The Organizing Committee will provide medical and physiotherapist services.  
In case of an injury the coach must immediately assist the doctor to complete the Injury report form.  
There will be a special designated COVID-19 area where participants who may feel unwell need to visit immediately and report their condition.  
Doping controls will be made according FIG Anti-Doping Rules.  
**ATTENTION:** All gymnasts must have their passports or license card at the venue during all the competitions.

#### **21. CEREMONIES**

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##### **1. Award ceremonies**

All award ceremonies will take place after the last session of finals. It will be carried out in accordance with the FIG Regulations for Award Ceremonies. On the podium, awards will only be presented to the units ranked from 1st to 3rd place.

The gymnasts will take their medals themselves.

Please ensure that your Federation's medalists are in time for the line-up prior to the ceremonies. All gymnasts must wear the official tracksuit.

The participation of the medalists in the award ceremonies is compulsory. All units that are absent for unjustified reasons will be disqualified.

Judges are requested to remain in their places during the awards ceremony following Finals

##### **2. Opening ceremony**

The opening ceremony will take place on Friday, April 23<sup>rd</sup> at 16:00 in the ASICS Arena.

The gymnasts will not take part in them.

##### **3. Closing ceremony**

The closing ceremony will take place on Sunday, April 25<sup>th</sup> after the last awarding ceremony.

#### **22. VIDEO RECORDING**

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All routines and passes will be recorded.

#### **23. MEDIA AND PRESS CONFERENCES**

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All media representatives must comply with the FIG rules.

Media officer: Krastina GEORGIEVA – mob. Phone +359 888 08 88 54

#### **24. NO SMOKING POLICY**

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Please note that it is strictly forbidden to smoke in the venue complex.



**FIG ACROBATIC GYMNASTICS WORLD CUP**  
**23 – 25 April 2021**  
**Sofia (BUL)**



**25. SOFIA INTERNATIONAL ACRO CUP 2021 CONNECTION**

The Sofia FIG Acro World Cup 2021 is held in close connection with the Sofia International Acro Cup 2021. All the facilities, transportations and services provided to the SIAC'21 Delegations can be fully used by the World Cup Delegations that booked their accommodation through the OC.

**LOC CONTACTS**

Mr. Nedko Kostadinov - +359 894 64 01 08

Ms. Nikolina Hristova - +359 888 91 31 41

**The Local Organizing Committee wishes you the best of luck and a nice stay in Sofia.**